

Welcome to the SKCDA's Inaugural Newsletter



December 2016 Annual General Meeting at University of Regina attendees (L to R): Kevin Bolen, Margie Gehl, Susan McKay, Kathy Palmer, Chris Bailey, Peter Lavalley, Lidija Spasic

Why Join the SK Career Development Association?

Access to the SKCDA website for networking, events and career-related resources

Keeping up-to-date on career-related activities around the province (e.g., career fairs)

Promoting career-related activities hosted by your organization or workplace

Learning about professional development opportunities (e.g., workshops, webinars)

Receiving reduced registration fees at career-related events (e.g., conferences)

Strengthening your commitment to the field and identity as a career development practitioner

Important Upcoming SKCDA Events

April 1, 2018 —Dues are due—SKCDA Membership Renewal Date

About the SKCDA

Vision

A community of Career Development Practitioners (CDPs) working together to advance the field and promote excellence in career services in Saskatchewan.

Mission

To promote the development of career practitioner excellence through Networking, Information Sharing, and Lifelong Learning.

Our Values

Networking/Building Community

Developing mutually-beneficial relationships among practitioners, organizations, and businesses.

Learning & Development

Supporting lifelong learning to realize personal and professional aspirations and goals.

Integrity & Accountability

Ensuring transparency in organizational activities, and accepting responsibility for our actions.

Autonomy

Maintaining a not-for-profit association, based on the interests and needs of its members.

Inclusion & Diversity

Valuing, respecting, supporting, and reflecting human diversity in all its forms including, but not limited to, ethnicity, gender, age, national origin, disability, sexual orientation, education, and religion.

Our History

For years, there has been a need to create an association in Saskatchewan that could provide a common hub to connect career development practitioners working in diverse areas and regions. In January of 2015, a team of committed individuals started collaborating to prepare the groundwork for an inclusive provincial association.

On July 23, 2015, the Saskatchewan Career Development Association, Inc. (SKCDA) was established as a non-profit corporation.

On February 26, 2016, the First SKCDA General Meeting was hosted at the University of Regina. Participants from around the province attended via conference call and in-person. This meeting focussed on organizational development and planning.

Since that time, we at the SKCDA have established and created content for the SKCDA website, developed and instituted a Membership category and fee structure, welcomed numerous new Members into the fold, explored several sponsorship approaches to enrich and spread the word about our Association, and passed the SKCDA Bylaws.

Our Founding Board of Directors 2017-18



Susan McKay
Career Counsellor
University of Regina
Career Centre



Jennifer Broughton
Professional Career
Advisor/Freelance Edi-
tor



Lidija Spasic
Instructor/Career &
Workplace Coordinator
Saskatchewan
Polytechnic



Charlene McLean
Senior Policy Analyst
Government of
Saskatchewan

Special recognition to Charlene McLean for spearheading the start up of the SKCDA and establishing it as a registered non-profit corporation. Charlene was the Founding Director with Jennifer, Lidija and Susan as "Incorporators."

After Charlene stepped down in Sept. 2015, Lidija, Jennifer and Susan became Founding Directors, for the purpose of continuing to develop the groundwork for the organization.

SKCDA Committees

There are currently 9 committees that are working to further develop the Association:

Committee Name	Purpose
Executive	Planning agendas for Board Meetings
Diversity & Inclusion	Developing and proposing guidelines and policy for the inclusion of diversity
Nominations & Elections	Identifying potential Members to serve on the Board of Directors
Communications & Social Media	Administering SKCDA communications resources including website, social media and newsletter
Finance & Budget	Recommending budget to board, arranging annual audit and reporting activities
Resource Development	Identifying opportunities to increase SKCDA resources and fundraising
Education & Professional Development	Developing and proposing learning opportunities for members
Membership Development	Developing and proposing opportunities to increase membership numbers

Did you know...?

We asked Founding Director Jennifer Broughton to suggest some resources

UNITED WAY WORKSHOPS

I really enjoy the United Way's workshop offerings. They are informative, frequently free, and they often include a meal.

- ♦ [United Way of Regina](#)
- ♦ workshops@unitedwayregina.ca

To Subscribe:

- ♦ [Capacity Building Workshops](#)

CHOICE THEORY/REALITY THERAPY TRAINING

I also get a great deal of useful tools from Choice Theory/Reality Therapy training. It helps practitioners to deal head-on with stuck clients, and it's particularly useful with mandated program participants. I find it refreshingly straightforward.

For those who are unfamiliar:

- ♦ [Glasser Canada](#)
- ♦ [William Glasser Institute](#)
- ♦ [William Glasser—Wikipedia](#)
- ♦ [William Glasser—Reality Therapy](#)
- ♦ [William Glasser—Choice Theory](#)
- ♦ [William Glasser International](#)

PSYCHOMETRICS

I have taken several courses through Psychometrics, including MBTI training. I find the more you can find out about a client, the more effective your career strategy will be.

- ♦ [Psychometrics—Career Development](#)
- ♦ [Psychometrics Training](#)
- ♦ [Myers-Briggs Type Indicator \(MBTI\)](#)
- ♦ [Strong Interest Inventory Career Assessment](#)

Essential Skills & TOWES Administrator Training

Saskatchewan Polytechnic invites you to join us for this informative workshop that will provide an overview of Essential Skills and the protocols and procedures for administering the Test of Workplace Essential Skills (TOWES).

As the distributor of TOWES tests and resources in Saskatchewan, Saskatchewan Polytechnic is responsible for test materials, ensuring proper test administration and test security. This workshop includes information on these areas of responsibility and an opportunity for you to become qualified to administer TOWES in your workplace.

In this interactive and practical workshop, participants will learn about:

- Essential Skills and why the Government of Canada/ESDC has invested heavily in the development of resources and assessments
- How to utilize the database of essential skills job profiles
- TOWES, an assessment that measures three important Essential Skills
- Learning resources and tools that can be used to strengthen Essential Skills levels in learners and employees.

Participants will also complete a TOWES assessment and be provided with their confidential test results. We hope you can join us for the workshop!

For more information, contact:

Joan Patterson: 306 775-7479 or joan.patterson@saskpolytech.ca

For assistance with registration questions and/or to report dietary restrictions contact:

Deb Wagner: 306-775-7465 or deb.wagner@saskpolytech.ca

Essential Skills and TOWES Administrator Training Dates:

- **Monday, May 7, 2018, 9:00 am – 4:00 pm**
- **Tuesday, May 8, 2018, 9:00 am – 3:30 pm**

Room 241, Saskatchewan Polytechnic, 4500 Wascana Parkway, Regina

Tuition fee: \$425 plus GST (all course materials included)

Refreshments including early morning coffee service will be provided.

Register On-Line: <https://saskpolytech.ca/programs-and- courses/part-time -studies/course/essential-skill- towes-administrator- training/CE BD-1320/>

How Can I Get Involved in the SKCDA?

Participating in SKCDA activities and meetings

Voting on proposals for developing the organization and field

Sharing your ideas by participating in discussions and surveys on important topics, initiatives and projects

Joining a committee or holding an executive position

Become a Contributor

We are looking for members who are interested in contributing stories about their experiences as Career Development Professionals in Saskatchewan. Contact our Communications and Social Media Committee to find out more about how to contribute stories in these areas of interest:

- Career development for Newcomers and Immigrants
- Technology in Career Development
- First Nations Employment
- Market Trends
- Bullying at Work
- Working with Veterans
- Millennials
- In-Demand Jobs
- Best Practices
- Seniors in the Workplace
- Finding “Meaningful” work in Today’s Market
- Use of social media for job search
- ATS friendly Resumes
- Importance of Cultural Intelligence
- Interview Coaching and Preparation
- Life Skills Coaching
- Workplace Culture
- Workplace Essential Skills
- The Power of Networking
- Youth Engagement and Employment
- And many others

To the SKCDA members and supporters:

For the endless hours we have spent working together; for your diligence, self-motivation as well as dedication and hard work, the SKCDA Founding Directors want to say **thank you**—you have been a source of inspiration to all.